

December 2009

SSPC

Society for the Study
of Psychiatry and Culture

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SSPC ANNUAL MEETING

**Society for the Study of Psychiatry
and Culture**

&

**McGill University's Division of Social
and Transcultural Psychiatry**

Title: Rethinking Cultural Competence from
International Perspectives

Dates: 29 April to 1 May 2010

Venue: Montreal, Canada

 Montréal

The meeting will be held at the newly remodeled



Holiday Inn-Midtown, 420 Sherbrooke Street West, conveniently located across from the entrance to the McGill campus and near the Montreal Metro. As in the past, the registration fee will cover an opening reception, lunches on Thursday, Friday and Saturday, and two breaks per day on all three days.

Hotel rates are \$119/night, single or double occupancy, and include continental breakfast. The number of rooms is limited, so please register early.

Topics:

- Unpacking the Metaphor of Cultural Competence
- Responding to Cultural Diversity in Primary Health Care
- Cultural Adaptation of Clinical Methods and Programs
- Innovations in Education and Training
- Internet-Based Resources for Multicultural Mental Health
- International Perspectives on Cultural Consultation
- Innovative Approaches to Cultural Competence, Safety and Responsiveness
- Trauma and Global Health
- New Developments/Research

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Sponsors:

The conference is jointly sponsored by the Division of Social and Transcultural Psychiatry, McGill University and the Society for the Study of Psychiatry and Culture.

For more details on the conference please visit our website <<http://www.psychiatryandculture.org>>, and check for updates throughout the fall and winter.

Abstract submission:

To be considered, please submit your abstract to SSPC2010abstracts@gmail.com no later than January 15, 2010. All other communications should be sent to SSPC2010montreal@gmail.com.

SSPC Board of Directors

Jim Boehnlein (President)

Armando Favazza

Ed Foulks

Michael Hollifield

Jim Jaranson

Dave Kinzie

Laurence Kirmayer

Robert Kohn

Joan Koss

Paul Leung

Francis Lu

Larry Merkel

Daniel Savin

Mitchell Weiss

Ron Wintrob

Steven Wolin

Harry Wright

Please note that all papers will be peer reviewed. Please indicate whether you wish your paper to be considered for an oral presentation or a poster session.

McGill Advanced Study Institute:

The conference will be preceded on April 26-28 by workshops of the McGill Advanced Study Institute in Cultural Psychiatry. For more information and registration for the ASI, see: <http://www.mcgill.ca/tcpsych>

The hotel will offer its discounted rate for workshop participants starting Sunday night (April 25, 2010).



Introduction to the theme:

In recent years, cultural competence has become a popular term for strategies to address cultural diversity in mental health services. Alternative constructs that have been proposed include cultural safety, humility, sensitivity, responsiveness and appropriateness. Each of these metaphors draws attention to certain dimensions of intercultural work while down playing or obscuring others. Each perspective is rooted in particular constructions of cultural identity and difference that have social origins.

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SSPC ANNUAL MEETING

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Approaches to cultural competence have been dominated by work in the U.S. which configures cultural difference in specific ways that reflect its history, demography, and politics. In New Zealand, cultural safety has been promoted as a term that draws attention to issues of power and vulnerability resulting from the history of colonization. Work in other countries has favored other models and metaphors to address diversity.

This conference will bring together an international group of clinicians, researchers and educators to critically assess notions of cultural competence in clinical care, research, and education. Sessions will be devoted to a conceptual analysis and critique of cultural competence, strategies for addressing cultural diversity in primary care, the relevance of culture in global mental health, the cultural adaptation of psychotherapy and other clinical interventions, pedagogical approaches to professional training, and ways to improve the cultural responsiveness and appropriateness of clinical services. The conference will conclude with a debate on the future of culture in mental health services.



MEMBERSHIP

SSPC depends on the minimal dues we charge to help keep the organization going. Annual meeting registration does not cover our office expenses, but without a secretary to process the paper work we could not have an organization. Please pay your membership if you have not yet done so. You will find a Microsoft Word version of the membership form at our website, <http://www.psychiatryandculture.org>. At the back of this newsletter is a pdf of the membership form which you can type directly into and print.



STEAMLINING COMMUNICATIONS

We want to keep in touch with you and want you to keep in touch with us. In order to do this more effectively, and make office operations function more efficiently, we have made the following changes to our email communications:

- The SSPCadmin mail box no longer exists, so please don't try to use it.

We have replaced it with two mail boxes:

- SSPC2010montreal@gmail.com This mail box should be used for all general communications relating to the organization, as well as paying dues and registering for the annual meeting.
- SSPC2010abstracts@gmail.com This mail box is for abstracts for the annual meeting only.

SEARCH FOR A LOGO

The Society for Study of Psychiatry and Culture (SSPC) has a new logo. It will be used on our website and for communication. You will also see it gracing our future newsletters.



*JOIN US IN
MONTREAL!!*



REMEMBERING JOE YAMAMOTO

Joe Yamamoto, M.D., Ph.D., a long standing member of SSPC died May 24 at age 85. Dr. Yamamoto taught psychiatry at the University of Oklahoma, University of Southern California, and University of California, Los Angeles—giving hundreds of academic presentations and papers on cross-cultural psychiatric issues. He is survived by his wife, Maria; 2 children; and 2 grandchildren.

The most fitting tribute to Joe Yamamoto is an article written by Chester M. Pierce honoring him on becoming president of the American Orthopsychiatric Association from 1994-1995 (*American Journal of Orthopsychiatry* 64:338-340, 1994). Below is Dr. Pierce's essay about Joe.

“Joe Yamamoto is Professor of Psychiatry and Chief of the Laboratory for Cross-Cultural Studies, University of California, Los Angeles, as well as Emeritus Clinical Professor of Psychiatry and the Behavioral Sciences, University of Southern California School of Medicine. He can be described simply: Joe Yamamoto is a world-class psychiatrist and a world-class human being. Such attributes are assurances that under his stewardship the American Orthopsychiatric Association will continue as the preeminent multidisciplinary mental health organization dedicated to the elimination of the social and emotional ills plaguing the world.

Joe was the last of six children — five boys and one girl — born to parents who had immigrated to California from Japan. As a youngster in pre-World War II United States, he learned much about race prejudice and the guises it takes, both subtle and gross. At school he was taught

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to fit the stereotypical mold: compliant, uncomplaining, and deferential. From his own observations he came to recognize the implacable boundaries imposed on occupational and social opportunities for Japanese people in the U.S. He remembers a classmate's apology for being unable to invite him to a swimming pool because it excluded Japanese people.

This was merely preparation for the searing experience of being placed in an internment camp as a teenager during World War II. Japanese Americans were "relocated" into these, places of barbed wire fences, watch towers, and searchlights. They lived under conditions that were overcrowded and austere, if not deprived. Yamamoto has recorded how his weight fell by 30 pounds (a loss he considered secondary to that of his morale). He was perpetually cold. He recalls an uprising in which unarmed internees were confronted by tanks and by soldiers armed with bayonets. Then, in 1943 he was permitted to enroll at Hamline University in Minnesota. His strong desire to enter medical school provided the motivation he needed to succeed in his undergraduate courses. Extracurricular activities such as managing the school newspaper and editing the school yearbook helped him gain matriculation into the University of Minnesota Medical School, although only after interrogation by the FBI to make sure he was not a security risk.

A seminal experience in medical school involved the racial integration of the Phi Rho Sigma medical fraternity. It was only in the face of great resistance and his own anguish and chagrin that he was pledged and thus broke down the barriers of racism.

Even graduation as an honor student and member of the Alpha Omega Alpha Honor Society was not sufficient for a Japanese American to get an internship; it took considerable intervention by medical school administrators. Then, after completing his years as house officer in Minnesota, Yamamoto served two years in the army, from 1953 to 1955.

In 1955 he began the career in academic medicine that was to take him to the University of Oklahoma, to the University of Southern California, and eventually to the University of California in Los Angeles. His productivity throughout this career has been steady, prolific, and important. Over the years he has published more than 110 articles, 41 book chapters, three books, and numerous book reviews, abstracts, and letters. Furthermore, he has made at least 200 presentations at leading universities, hospitals, and learned societies all over the world. It is no exaggeration to say that Joe Yamamoto is one of the world's best-known cross-cultural experts. Among his many pioneering contributions have been studies about underutilization of services by minority groups, about the factors contributing to patient and therapist satisfaction in cross-racial settings, and about differences and similarities in clinical symptoms across ethnic groups.

To accomplish this research, Yamamoto has undertaken constant and far-flung collaborations with colleagues in numerous countries. It is difficult to catalogue all the areas to which he has contributed new and important information. At a minimum one would have to include substantial cross-cultural findings about the elderly, the suicidal, the psychotic, the working class, the poor, and the alcoholic. One focus of his studies has been shifts in people's clinical presentation

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REMEMBERING JOE YAMAMOTO

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after they migrate to the United States. His methodologies have been comprehensive and have included the use of biochemical, genetic, epidemiological, and physiological approaches. Among his many co-workers have been well-known academicians in North and South America, Europe, and Asia.

My own favorite example of Yamamoto's attitude as a physician concerns his conception and development (as an extra, unpaid community service) of an Asian-Pacific Mental Health Center in Los Angeles. His main thrust was to find staff who understood both the language and the culture of patients, all of whom were from Asian or Pacific Rim countries. As this clinic flourished, the ongoing collation of experience led to service innovations as well as to fundamental contributions to the cross-cultural mental health literature.

It is not surprising therefore that Ortho's new President possesses numerous awards, distinctions, and honors. They are too many to name in a short biography, yet even a partial recitation may serve to demonstrate his qualities as a leader, a scholar, and a physician. He was president of the Southern California Psychoanalytic Society from 1972 to 1973, president of the American Academy of Psychoanalysis in 1978, and vice president of the American Association for Social Psychiatry in 1984. He was also on the board of directors of the Group for the Advancement of Psychiatry from 1992 to 1994 and is on the board of the Pacific Rim College of Psychiatrists. He has held a large number of posts on prestigious national and international committees and has been a consultant, editor, or referee for a number of journals of high repute.

He has worked on a panel of the World Health Organization and testified before the Presidential Commission on Mental Health. He is listed in Who's Who in the World. Time devoted to the Japanese American National Museum is among his many community services, while his contributions to organized mental health via service to numerous groups at the National Institute of Mental Health, the American Psychiatric Association, and the American College of Psychiatrists are well known and much appreciated.

All this achievement in community service and research notwithstanding, it is as a teacher that Joe Yamamoto has made his most enduring contributions. Besides predoctoral and postdoctoral students from many countries, he has taught students in medical centers and in his own laboratory and has been unstinting in his efforts on behalf of young investigators, particularly minority persons, getting them started and helping them continue in their studies. His wise counsel, robust support, immense experience, and firm command of the literature have made him a well-known and much-used national resource for people involved in international, interracial, and cross-cultural research.

Students in the mental health professions have also found him an invaluable teacher because of his abundant clinical skills and wide-ranging interests. They discover that, besides the cross-cultural studies for which he is perhaps best known, he has worked on an astonishing array of subjects — hypnotherapy, female sexual disorders, psychotherapy, and medical education, to name just a few.

Those of us privileged to know Yamamoto and his lovely family cherish him for his gentleness, generosity, wit, and warmth. He is a superb host.

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REMEMBERING JOE YAMAMOTO

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He reads widely and is much traveled, is expert on an assortment of ethnic cuisines, and counts photography among his many hobbies. He and his wife, Maria, are proud of their sons, Eric and Andy, and love their daughter-in-law, Magda, and their granddaughters, Kristina and Kathy. Yamamoto is well aware of the importance of the ethnic family, having benefited from the support and help of his own. He has many and interesting friends from all walks of life.

The word “Joe” can be translated as “Yuzu-ru” (humble) in Japanese. In all the best senses of the word, our President is Joe. At the same time, he is a proven leader, an excellent doctor, an acknowledged expert. We have graced ourselves by electing him.”

In addition to the accomplishments outlined by Dr. Pierce, Joe Yamamoto also received the 1993 received the Asian-Asian-American Award from the APA. At the time he was a professor of psychiatry at UCLA and chief of the institutes laboratory for cross-cultural studies. He was recognized for advancing the understanding and treatment of mental disorders among Asian and Asian American populations through clinical service, community service, and research about genetic and cultural factors affecting mental illness.

In 2004 he received a Special Presidential Commendation from the APA in recognition of his lifetime career devoted to the needs of patients in the public sector and studies enlightening our profession about the impact of cultural issues.

In 2007 Joe received the Lifetime Achievement Award from SSPC.

The SSPC has graced itself by having him as a member and we fondly remember him as our friend and colleague.

2nd WORLD CONGRESS OF CULTURAL PSYCHIATRY

Ronald Wintrob, M.D.

Chair WPA-Transcultural Psychiatry Section

I am writing this report while still experiencing the warm glow of the Umbrian sun and the numerous buoyant contacts with many colleagues and friends who participated in the 2nd World Congress of Cultural Psychiatry (WCCP), held in Norcia, Italy, September 27-30. There were more than 250 people who came from all over the world to attend the congress, and to enjoy the ambience of a walled Umbrian medieval town; one celebrated for its location in a national park, surrounded by steep hills and mountain trails, and equally well known in Italy for its good food and regional wines. The bounty of Umbria was evident to all at the congress' opening reception and throughout our time in Norcia.

The intention of choosing Norcia as the venue for the conference was to enable the participants in the congress to not only present some of their work during congress symposia, but to talk about their interests and activities in cultural psychiatry as they encountered other congress participants in the quiet streets, public squares, cafes and restaurants of Norcia throughout the three days of the congress. This unique feature was very much appreciated by those who attended the congress.

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2nd WORLD CONGRESS OF CULTURAL PSYCHIATRY

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There were nine plenary sessions and 40 symposia during the course of the congress, which opened with a compelling presentation on the medical and ecclesiastical significance of Norcia over more than a thousand years of history. During the first morning of the congress, plenary presentations were given by Goffredo Bartocci, M.D. on “The Cultural Brain and Living Societies”, by Wolfgang Jilek, M.D. on “The History of Cultural Psychiatry from the 1800s to 1971”, by Laurence Kirmayer, M.D. on “Current Trends in Cultural Psychiatry” and by Joe Westermeyer, M.D. on “Contributions of Cultural Psychiatry to International Psychiatry”.

Among the plenary symposia, topics covered included; “Science and Faith; Cultural “Culture, Disasters and Mental Health”, “Cultural Psychiatry in a Multicultural Society”, “Transcultural Aspects of Clinical Assessment, Diagnosis and Treatment of Immigrants and Refugees”, “Psychological Assessment and Care of Children and Adolescents in Different Cultures”, The Frontiers of Cultural Neuroscience”, “Cinema, Psychiatry and Mental Health”, “The Influence of Law and Culture on Psychiatric Practice, Patients’ Rights and Psychiatrists’ Responsibilities”, “Culture, Aging and Mental Health”, and “The Future of Cultural Psychiatry”.

The congress scientific program included two symposia organized by WPA-TPS, each symposium comprising eight papers, on “Immigration and Acculturative Stress in an Era of Fear of Terrorism” and on “Culture, Humor and Psychiatry”.

During the course of the WCCP, WPA-TPS

also held a well-attended working meeting of the TPS executive committee, as well as a business meeting open to all congress participants, at which TPS activities and plans for 2010 and 2011 were reviewed in some detail. In particular, people were informed about the inaugural WPA awards to Sections for research projects initiated by Sections, either on their own or in combination with other WPA Sections. Two such projects were recently approved by Dr. Mario Maj, President of WPA, for funding of \$50,000 each; and one of the two awards went to TPS for its project titled; “A Cross-National Multi-Center Study of Depression, Demoralization and Functional Impairment in Cancer Patients”. The principal investigator of this project is John de Figueiredo, M.D., D.Sc., based at Yale University, who developed our TPS proposal along with co-investigators Giovanni Fava, M.D. at University of Bologna and David Clarke, Ph.D. at Monash University in Melbourne, Australia. David Clarke, Ph.D. at Monash University in Melbourne, Australia.

SSPC COMMITTEES

Get involved!! Join a committee.

Education/Training

Francis Lu
Rachid Bennegadi
Larry Merkel
Alpna Munshi
Dan Savin
Helena Hansen
Lorin Boynton
Liz Kramer

Communications/Public Relations

Robert Kohn
Rachid Bennegadi
John de Figueiredo
Sonya Gabrielian

Program

Jim Boehnlein
Steven Wolin
Liz Kramer
Alpna Munshi
Sunday Ilechukwu
Noortje Vriends
Laurence Kirmayer (Montreal 2010)
Jaswant Guzder (Montreal 2010)
Cecille Rousseau (Montreal 2010)
Eric Jarvis (Montreal 2010)

Awards

Michael Hollifield
Joan Koss
John de Figueiredo
Larry Wilson

Membership

Joan Koss
Harry Wright
Noortje Vriends
Sunday Ilechukwu

Strategic Planning/Succession

Larry Merkel
Dan Savin
Robert Kohn
Jim Jaranson

FUTURE INTERNATIONAL CONFERENCES IN CULTURAL PSYCHIATRY

In 2010:

International Conference on Transcultural Psychiatry: Cultural Diversity, Social Change and Mental Health in China; Shanghai, China; April 18 – 20

International Conference on Transcultural Psychiatry: Migration, Next Generations and the Future of Psychiatry; Amsterdam, The Netherlands; June 13 – 16

1st International Conference on Cultural Psychiatry in Southern Africa; Durban, South Africa; September 26 – 29

1st International Conference on Cultural Psychiatry in the Spanish-speaking World; Barcelona, Spain; October 30 – November 1

4th International Conference on Cultural Psychiatry in the German-speaking World; Dusseldorf, Germany; December 9 – 11

In 2011:

1st International Conference on Cultural Psychiatry in the French-speaking World; Paris, France; April 16 – 19

CALL FOR PAPERS

JOHN P. SPIEGEL MEMORIAL FELLOWSHIP

The Society for the Study of Psychiatry and Culture announces its 19th annual call for papers for the Spiegel Fellowship, an annual award presented to a resident or fellow who has an interest in and commitment to cultural psychiatry. Residents or Fellows who are interested in competing for this award should submit an original scholarly paper on a topic in cultural psychiatry, along with a CV and a letter of recommendation from their department chair or director of residency/fellowship training, to:

James K. Boehnlein, MD
Department of Psychiatry UHN 80T
Oregon Health & Science University
3181 SW Sam Jackson Park Road
Portland, OR 97239 USA
Email all 3 documents to: boehnlei@ohsu.edu

The deadline is February 1, 2010. The Society will waive registration fees and pay partial travel costs for the awardee to present the paper at its annual meeting which will be held on April 29 thru May 2, 2010 in Montreal.

CHARLES HUGHES FELLOWSHIP IN CULTURAL PSYCHIATRY

The Society for the Study of Psychiatry and Culture announces its 9th annual call for papers for the Charles Hughes Fellowship in Cultural Psychiatry, an annual award presented to a graduate student who has an interest in and commitment to cultural psychiatry and mental health. Graduate students in the social sciences who are interested in competing for this award

should submit an original scholarly paper on a topic in cultural psychiatry, along with a CV and a letter of recommendation from their department or committee chair, to:

Joan D. Koss-Chioino, Ph.D.
2753 Bon Haven Lane
Annapolis, MD 21401
Email all 3 documents to: idjdk@asu.edu

The deadline is February 11, 2010. The Society will waive registration fees and pay partial travel costs for the awardee to present his or her paper at its annual meeting which will be held on April 29 thru May 2, 2010 in Montreal.

CALL FOR AWARD NOMINATIONS

The SSPC gives two awards to individuals who have made outstanding contributions to the field of cultural psychiatry.

The Lifetime Achievement Award is given to a person who has made “outstanding and enduring contributions to the field of cultural psychiatry.”

The Creative Scholarship Award is presented to a person who has made a “significant creative contribution to the field of cultural psychiatry.”

We would like to request nominations from all of you for this year’s recipients.

Please submit your nominations for consideration by completing the Award Nominations form, which can be downloaded from our website <http://www.psychiatryandculture.org> and submitting it to Michael Hollifield at mhollifield@bhrcs.org no later than March 15, 2010.

**SOCIETY FOR THE STUDY OF PSYCHIATRY AND CULTURE
DUES FORM FOR THE YEAR _____**

Please provide your preferred mailing address, email, and telephone number contact information. This will be your contact information on the SSPC website in the members only password protected section.

First Name: _____ Middle Initial: _____
Last Name: _____ Suffix (e.g. Jr, III): _____
Highest Degree(s): _____ Job Title: _____
Business/Organization: _____
Address: _____
City: _____ State/Province: _____
Zip/Postal Code: _____ Country: _____
Telephone: _____ Fax: _____ Email: _____

**DUES ARE PAYABLE IN US DOLLARS. PLEASE MAKE CHECKS PAYABLE TO SSPC OR
CHARGE YOUR PAYMENT TO YOUR CREDIT CARD BY COMPLETING THE CREDIT CARD
INFORMATION SECTION BELOW.**

\$75 – MD, \$40 – PhD, \$25 - Residents and Fellows, \$10 – Students

COMPLETE THIS SECTION IF YOU ARE PAYING BY CREDIT CARD:

Visa MasterCard American Express

Card Number: _____ Expiration Date: _____
Card CID: _____ (3 digits on back signature strip; AMEX 4 digits on front)
Billing Address (if different than above):
Address: _____
City: _____ State/Province: _____

RETURN THE MEMBERSHIP FORM TO:

James Boehnlein, MD
Department of Psychiatry (UHN80T)
OHSU
3181 SW Sam Jackson Park Road
Portland, OR 97239 USA
Fax: (503) 273.5390

For faster processing, please complete this form, save it on your computer, then email it as an attachment to sspc2010montreal@gmail.com.

PLEASE NOTE THAT THE DEADLINE FOR DUES IS JANUARY 30TH OF EACH YEAR

CONFERENCE REGISTRATION FORM

Rethinking Cultural Competence from International Perspectives

Society for the Study of Psychiatry and Culture (SSPC)
Division of Social and Transcultural Psychiatry, McGill University
April 29-May 1, 2010
Montreal, Quebec

First Name _____ Middle _____

Last Name _____ Suffix (e.g., Jr., III) _____

Highest Degree (s) _____ Title _____

Organization _____

Address _____

City _____

Zip Postal Code _____ Country _____

Telephone _____ Fax _____ e-mail _____

Before February 1, 2010

After February 1, 2010

\$350 (Health/mental health professional)

\$400

\$175 (Resident/Student)

\$200

\$275 (Accompanying person)

\$350

Name of Accompanying Person (if applicable) _____

Total Fee(s) US\$ _____

(Includes all breakfasts, lunches, meeting breaks, and Thursday night reception)

Charge payment to:

Visa

MasterCard

American Express

Card Number _____ Expiration Date _____

Card Code _____ (3 digits on back signature strip: AMEX 4 digits on front)

Billing Address (if different from above):

To register most quickly, fill in this form on your computer, entering your complete credit card information and save it on your computer, then e-mail to sspc2010montreal@gmail.com . You may also fax the form. If you are more comfortable paying by check, please send this form and your check, payable to SSPC, to:

James Boehnlein, M.D.
Dept. of Psychiatry (UHN80T)
3181 SW Sam Jackson Park Road
Portland, OR 97239 USA
FAX: 503 273.5390

For questions related to meeting registration, contact us at sspc2010montreal@gmail.com.

CONFERENCE ABSTRACT FORM

Rethinking Cultural Competence from International Perspectives
Society for the Study of Psychiatry and Culture
Division of Social and Transcultural Psychiatry, McGill University
April 29-May 1, 2010
Montreal, Quebec

Deadline January 15, 2010

This is a submission for: an Oral Presentation a Poster

Abstract Title

Author(s) [First, MI, Last, Degree]

Affiliation(s) [Institution, Department, Country]

Abstract [In English, 200 Word Maximum]

Educational Objectives

At the conclusion of this presentation the participant should be able to (e.g. demonstrate, recognize, diagnose, treat...)

Objective 1.

Objective 2.

Objective 3.

Corresponding Author

Name

Address

City

State / Province

Postal Code

Country

Telephone

Fax

E-mail

Member SSPC

Non-Member

Email completed form to: sspc2010abstracts@gmail.com and please include your abstract file as an attachment